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APPLICATION TO LIST ON CNSX

For Immediate Release

Toronto: GRS / Frankfurt: GKF

Kirkland Lake, Ontario: January 8, 2009: GLR Resources (TSX:GRS) announces that The Toronto Stock Exchange is upholding its December 4, 2008 decision to de-list the common shares of GLR Resources from trading. The common shares of the Company will be de-listed from the TSX at the close of business on Wednesday, January 7, 2009 for failure to meet the continued listing requirements of The Toronto Stock Exchange.

The Company has approached the Canadian National Stock Exchange ("CSNX") to list its shares on that exchange. Approval of this listing application will be dependent upon GLR meeting the CNSX listing requirements.

About GLR Resources Inc.

GLR is a Canadian-based junior mining and exploration company focusing on projects in North America with existing projects in Ontario, Quebec and Saskatchewan. The Company's most advanced project is its Goldfields Project, located near Uranium City in northern Saskatchewan. The Goldfields project consists of two open-pit Gold deposits - The Box and The Athona - containing a resource in excess of one million ounces Gold. GLR Resources is focused on bringing the Goldfields project into production.

For further information please see the company website at www.glrresources.com.

Forward Looking Statements: This news release contains certain forward-looking statements. These forward-looking statements are subject to a variety of risks and uncertainties beyond GLR's ability to control or predict which could cause actual events or results to differ materially from those anticipated in such forward-looking statements. Although GLR believes that the assumptions inherent in the forward-looking statements are reasonable, undue reliance should not be placed on these forward-looking statements.

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